

**GEORGETOWN DRIBBLERS
2010 SEASON
BASKETBALL RULES
GIRL'S LEAGUE – JUNIOR DIVISION**

R E G U L A R S E A S O N R U L E S

The Official Basketball Rules as adopted by the National Federation of State High School Associations has been adopted as the official Georgetown Dribblers Playing Rules except as changed by the following special rules:

♦ **NOTE:** All rules stated below apply to both Divisions unless specifically stated otherwise.

1. GAME DETAILS

1.1. Game Start Time: Teams should arrive 15 minutes prior to game time. There will be a warm up period prior to each game as time allows. Games may start late due to a previous game running long but will not start early unless both coaches agree to.

1.2. Game Length: Games shall consist of four 8-minute quarters.

1.2.1. There will be a 1-minute break between quarters and a 4-minute half time

1.3. Overtimes

1.3.1. There will be no overtimes during the regular season – games can end in a tie.

1.3.2. For the End of Season Tournament, 2-minute overtimes will be played until a winner is decided.

1.4. Timeouts

1.4.1. Each team will receive two full time outs (1-minute each) per half. Unused time outs may not be rolled over from the first half to the second half.

1.4.2. One full time out will be given for each overtime period. Unused time outs may not be rolled over from the regular game to any Overtime or between Overtimes.

1.4.3. NOTE: The Officials request that coaches send their players back onto the court at the first horn, which sounds 45-seconds into the 1-minute time out so that when the full minute is up, play can resume immediately.

1.5. The Clock: the clock will run during all whistles except for two exceptions:

1.5.1. During the final two minutes of the 4th quarter, the clock will be stopped for all whistles (out of bounds, fouls, etc).

1.5.1.1. For purposes of consistency and to avoid the judgment call of what constitutes a blowout, the clock WILL be stopped for all out of bounds and all violations during the last two minutes of every game, regardless of the score.

1.5.2. The clock will stop during all timeouts.

1.5.2.1. If a timeout is called immediately after a foul that results in the need to shoot free-throws, the clock will stop for the timeout itself but will resume running as soon as the official hands the ball to the player

shooting the free-throws UNLESS it is the final 2 minutes of the 4th quarter in which case the clock will remain stopped while the free-throws are being shot per Section 1.5.1.

1.6. Technical Fouls

1.6.1. Officials may, but are not required to, issue a warning for the first offense of all technical fouls. On the second offense, a technical foul will be called.

1.6.2. Any technical foul issued will result in the opposing team automatically receiving two points and possession of the ball. No free throws will be taken due to the League's running clock.

1.7. Minimum Number of Players Required to Play

1.7.1. Each team must have at least five players present to start a game. If a team has less than five players at the scheduled start of the game, that team forfeits the game. The game will still be played as a normal game, however, to give the kids game playtime.

1.7.2. Each team must have at least seven players present at the start of the second half of play – less than seven would result in one player having to play more than three quarters in that game, violating the 3rd quarter rule. If a team has less than seven players present at the start of the second half, that team forfeits the game. Again, the game will still be played as explained above in Section 1.7.1.

1.7.3. During a forfeited game, the 3rd quarter rule will still apply (therefore coaches should still follow the 3rd Quarter document for determining which of their players should play an extra quarter to ensure equal playing time among all players during the game.

1.8. Three-Second Lane Violations

1.8.1. Junior Division – will be increased to five-seconds

1.9. Goal Height

1.9.1. Junior Division – the rim will be 8'6" from the floor

1.10. Free-Throw Line Distance

1.10.1. Junior Division – the line shall be 13'6" from the plane of the face of the backboard but because of the type of goals Georgetown Dribblers uses in the Girl's Junior Division, the normal free-throw line is the correct distance.

1.11. 3-Point Line

1.11.1. Junior Division – all shots count as two points, even if taken outside the 3-point line

1.12. Size of Basketball

1.12.1. All Divisions will play with the official women's ball of 28.5"

1.13. Games With Large Point Spreads

1.13.1. Junior Division

1.13.1.1. If at any time during any game one team is ahead by twelve or more points, that team MUST play defense inside the 3-point line.

1.13.1.2. If the lead is reduced to six or less points, regular play can resume.

1.13.2. It is the responsibility of the Officials, the Coaches, and the Board member on duty to ensure this rule is adhered to.

1.13.3. Any Board member or the official scorekeepers may stop the game at the first dead ball for an "official" time out to bring to the attention of the referees the status of the game with regards to the score.

2. PLAYING TIME

2.1. Equal Play Time

2.1.1. To ensure equal playing time and the most equitable competition between players, each player must play two FULL, UNINTERRUPTED QUARTERS PER GAME (one in the first half and one in the second half).

2.1.2. No player may play two quarters in one half and none in the other half to satisfy the required two quarters of play in a game. The two quarters each player is required to play must be one quarter in each half.

2.1.2.1. If any player does play two quarters in the same half, they are assumed to be playing 3 quarters that game per rule 2.1.2.

2.1.3. If a player is able and available to play one quarter in each but does not, that game will be considered a forfeit as soon as the fact is discovered, regardless of when it is discovered.

2.1.4. Injury Situations

2.1.4.1. If a player is injured and is able to return to play during that same quarter, then they must return as soon as they are able on the next dead ball and will be considered to have satisfied their required quarter of play for that half. If they are unable to return to play during the same quarter that they are injured, they will also be considered to have satisfied their required quarter of play for that half.

2.1.4.1.1. The player who is substituted into the game for the injured player is not credited in any way for the partial quarter played.

2.1.4.2. If a player is injured BUT is unable to return to play for the remainder of the game, then that player is considered to have satisfied their required quarters of play for that game.

2.1.5. Fouling Out - if a player fouls out of the game prior to completing the required two full quarters, the player is considered to have satisfied their required quarters of play for that game due to fouling out.

2.1.5.1. Instructing a player to intentionally foul for the purpose of fouling out will not be tolerated. Any coach suspected of this will be investigated by the Board and will be immediately removed from coaching in the League if the Board determines this has occurred.

2.2. 3rd Quarter Play Rule – this rule is to ensure equal play time among players on each team

2.2.1. Any violation of this Rule as specified below will result in the violating team forfeiting the game in which the violation occurred, regardless of when the violation is discovered.

2.2.2. If teams have fewer than 10 players on their roster for the season or for any one game during the season (due to absence or injury), some players will have to play more than two quarters in a game. The players who play the extra quarters MUST be rotated equally. Coaches will receive a spreadsheet each week from the Registrar that shows how many extra quarters each of their players have played so far. This will be tracked via the Officials Score Book.

2.2.3. No player may play more than three quarters in any single game.

2.2.4. No one player may play three quarters a 2nd time until all other players on the team have played three quarters.

2.2.4.1. However, a coach can have a player play a second game where they play an additional 3rd quarter before everyone else on the team has played their first 3rd quarter if the players who have not yet played their first 3rd quarter are absent or injured for that game and therefore unable to play their required 3rd quarter in that game. The skipped players must play three quarters during the next game that they are available to play in that requires someone to play extra quarters.

2.2.4.2. Again, this will be tracked and sent to the coaches weekly by the Registrar, who will use the data recorded in the Officials Score Book. Coaches are required to sign the Official Score Book after each game indicating they agree with what is recorded in it. Failure by a coach to sign the book is not grounds for disputing the 3rd Quarter Tracking document or the forfeiture of a game due to violating the rule.

2.2.5. If a player fouls out in any quarter of play during a game, the player who is substituted for the fouled out player in that quarter will NOT be credited with a "3rd Quarter" for that quarter. However, whoever substitutes for the required 2nd quarter of play for the player who fouls out will be charged a "3rd Quarter of Play" because they are playing an additional full quarter in the game and therefore, must also be the next available person who is due to play a 3rd Quarter per the 3rd Quarter Tracking document sent each week to the coaches by the Registrar.

2.2.6. In the event a player is injured while playing their 3rd quarter, and has to leave the game, requiring a substitution by another player who will also be playing their 3rd quarter, whichever player plays the majority of the quarter is credited for the 3rd quarter played. The other player is not credited for the partial quarter played.

2.2.6.1. Majority of the quarter shall be determined by whether or not the halfway point of the quarter has passed at the time of the substitution.

2.2.6.2. In the event that the injury occurs at the exact middle point of the quarter, the person who started the quarter will be credited with the 3rd quarter played.

2.2.7. If a violation of this rule is discovered while a game is in progress, the Officials will be notified at the next game situation dead ball (the game will NOT be stopped for the violation alone) and the team in violation will make the necessary substitution to put the next player due to play a 3rd Quarter into the game. The player who started the quarter is still credited with playing a 3rd Quarter while the player who should have started the quarter and who was substituted into the game will not. The team in violation per Section 2.2.1 forfeits the game.

2.3. When Players Show Up Late

2.3.1. If a player(s) shows up during the first quarter of play, that player must still play one uninterrupted quarter of play each half, which means that the late player should play the entire second quarter.

2.3.2. If a player(s) shows up during the second quarter of play, that player will not play any during the first half of the game but must still play one uninterrupted quarter of play in the second half.

2.3.2.1. NOTE: Any player who played a 3rd quarter in the first half to fill the spot of the missing player, must also still play one uninterrupted quarter of play in the 2nd half. That player will still be credited with a 3rd Quarter of play.

2.3.3. If a player shows up during halftime, they must play at least one quarter during the second half of the game but they cannot prevent someone from playing their scheduled 2nd quarter of the game.

2.3.4. If a player shows up in the 3rd or 4th quarters, it is up to the coach whether or not to play them in the 2nd half.

2.3.5. Late players must check in with the official scorer's table so that the time they arrived is noted in the official book. It is the responsibility of the Coach to ensure the late player does this and it should be done during a dead ball or between quarters, not while the game is in progress.

2.4. Substitutions

- 2.4.1.** There are NO substitutions during a quarter; players who start a quarter must finish that quarter.
- 2.4.2.** If a player shows up late to a quarter they were originally scheduled to play in, the above rules are followed – that player may not be substituted into the game.
- 2.4.3.** The only authorized exceptions where a substitution is allowed to this rule are:
 - 2.4.3.1.** Violations of the 3rd Quarter rules as laid out per Section 2.2.1
 - 2.4.3.2.** Injuries – Coach's are allowed to substitute for injuries when required per Section 2.1.4. If the injured player is able to return during the quarter they are injured, they will be allowed to return & coaches should put them back into the game at the next dead ball whistle.
 - 2.4.3.3.** Fouling out – Coach's are allowed to substitute for players who foul out of a game per Section 2.1.5.

3. OFFENSES

3.1. Junior Division

- 3.1.1.** No isolation type of offense involving only one or two players will be permitted. Clearing either the lane or the floor to one side for a one-on-one or two-on-two offense is prohibited. Teams must involve all players on the court in the offensive pattern. This will be a judgment call of the official.
- 3.1.2.** This rule is applicable during the entire game including overtime play when applicable.
- 3.1.3.** Violations of this rule will result in a technical foul per Section 1.6.
- 3.1.4.** Any Board member may stop the game at the first dead ball for an "official" time out to bring violations of these rules to the attention of the officials.

4. DEFENSES

4.1. Junior Division

- 4.1.1.** ONLY man-to-man defense is allowed in any game at any time.
- 4.1.2.** Zone Defenses are not permitted at any time during a game, including overtimes when applicable
 - 4.1.2.1.** A zone defense penalty shall be called whenever a defensive player guards only the ball (chases the ball) OR an area of the court instead of guarding a specific offensive player.
 - 4.1.2.1.1.** "Guarding Only the Ball" or "Chasing the Ball" is defined as a player guarding who ever has possession of the ball, regardless of who it is, that is more than one pass away (i.e. they do not guard a specific person but just follow the ball around the court).
 - 4.1.2.1.1.1.** Example: The offensive point guard passes the ball to the wing and the point guard defender goes to double team the wing, this is NOT Chasing the Ball but rather is Double Teaming and this is permitted. BUT if the wing then passes the ball to the post (or to any other player other than the point guard who originally passed him the ball) and the original point guard defender then leaves the wing to go double team this third offensive player, then the point guard is "Chasing the Ball" (i.e. following the ball more than one pass away from their offensive person they are guarding), which is prohibited.
 - 4.1.2.1.2.** "Guarding an Area of the Court" is defined as a player stays in one area of the court, regardless of where the ball is, and guards anyone who enters this area. Positioning a person in the center of the lane to guard whoever drives into the lane is the most obvious example.

4.1.2.1.3. Whether or not a defensive player is “zoning” will be the **judgment call of the official(s)**.

4.1.2.1.4. Coaches & players should not expect complete uniformity in the enforcement of this rule. No two officials will judge a situation exactly the same.

4.1.2.2. Officials are cautioned that neither the zone defense rule nor the chasing the ball rule prohibits a defensive team from “double teaming,” “trapping,” “switching,” or “sagging.” They only prevent teams from “guarding only the ball”, “guarding an area of the court” and “chasing the ball”.

4.1.3. Full-court pressing in the back-court is prohibited for the entire season, including the End of Season Tournament.

4.1.3.1. This rule shall not be interpreted to allow rolling the ball during the inbounds of the ball to save time on the clock.

4.2. Violations of any defensive rule will result in a technical foul per Section 1.6.

5. MISCELLANEOUS

5.1. All jewelry should be removed – this includes wrist bands, necklaces, and even new ear piercings. Coaches, please let your parents know about this rule as many young girls get their ears pierced at Christmas.

5.2. All players will wear their shirts tucked in at all times.

5.3. To prevent finger injuries, shorts with pockets are not allowed. Please enforce this rule on your team!

5.4. Only the coaches (two per team), a scorekeeper and players may sit on the team’s bench.

5.5. Only coaches may approach the scoring table. Parents are NOT to approach or ask questions of those keeping the clock or scorebooks – if there is a question they need to ask either their team’s coach or the Board member on duty.

5.6. Only the head coach may STAND on the sideline!

5.7. Coaches and players need to clean up the bench area after their game.

5.8. Each team will be assigned two basketballs, five pennies, and one equipment bag for team use. The balls are for Dribblers use only and are for INDOOR use only! Coaches agree to financially reimburse the Georgetown Dribblers for any equipment damaged or lost at the following costs (replacing the item yourself is NOT an acceptable resolution):

5.8.1. Basketballs - \$25.00 each

5.8.2. Pennies - \$4.00 each

5.8.3. Equipment Bag - \$5.00 each

5.9. Each team will keep their team and/or individual stats if desired.

5.10. Georgetown Dribblers will provide personnel to keep the books and the clock as well as UIL officials for each game.

5.11. Girls Junior Division coaches will be responsible for the 8’6” goals used in your Division. This includes retrieving from storage, setting up, taking down, and returning to storage for each of your practices and/or games. These coaches are also responsible for transporting the goals to other gyms as needed for their games and/or practices.

5.12. Before the start of each quarter, all players must check in at the scorer’s table by lining up in front of the table with their backs to the table so that their numbers can be recorded in the Official Scorebook for 3rd Quarter tracking.

- 5.13.** After each game, one of the coaches MUST sign the official scorebook at the scorer's table validating the line up, score, 3rd quarters played, etc. Only the official scorebook at the scorer's table will be used to address any discrepancies.
- 5.13.1.** NOTE: Coaches, if you do not sign the book, you cannot dispute the 3rd Quarter rule or the game results at a later date so don't even try!
- 5.14.** Coaching Volunteers: Both the head coach and the assistant coach should be committed to coach the entire season. In the event that a coach does request to be voluntarily removed from his coaching position due to extenuating circumstances, the coach must make the request in writing to any Board member and the Board will make a ruling. In the event a coach is voluntarily relieved of his coaching duties, the Board will find / approve the replacement – coaches are not allowed to find their own replacement. If neither coach can attend a scheduled game, the Board must be notified and they will decide who will coach the game (this is for the children's safety so please do not ask someone else to coach your team in your absence).
- 5.15.** Only practices scheduled by Georgetown Dribblers are authorized. There will be NO EXTRA or ALTERNATIVE PRACTICES allowed. Failure to abide by this rule will result in the offending coach(s) immediate removal from the league.
- 5.16.** Protests for any game must be put in writing by the head coach on the same day as the game occurred and submitted to the Board member on duty by the end of the final game of that day. NOTE: A judgment call by an official cannot be protested!

THE BOARD WILL INTERVENE IF ANY PROBLEMS ARISE WITH THESE RULES. IF COACHES DO NOT ABIDE BY THE GEORGETOWN DRIBBLERS LOCAL RULES, THE BOARD HAS THE RIGHT TO REMOVE THEM FROM THEIR COACHING POSITION. IF PARENTS ARE ACTING IN AN UNSPORTSMAN LIKE MANNER, THE BOARD HAS THE RIGHT TO REMOVE THEM FROM PRACTICES AND/OR GAMES.

Remember – This is an instructional league for ALL level of players. Every player on the court should be involved in your offensive and defensive plays. Be a positive role model for the players in this league. HAVE FUN!!